



ELIMINATE UNNECESSARY SUFFERING

- *Get rid of negative pictures inside your head that make you feel bad. Get rid of negative self-talk*
- *Control and eliminate uncontrollable emotions even though you don't know where they came from*
- *Get rid of depression and anxiety*
- *Eliminate traumatic memories that haunt you even today and be free of them and their affect on your success*
- *Change unwanted beliefs that hold you back from getting what you want*
- *Stop unwanted behaviors*
- *Start resourceful behaviors*
- *Resolve the emotional issues of serious health issues such as cancer, Hepatitis C, Lupus, etc.*
- *Rid yourself of stage fright*
- *Belief/Identity work*

**Finally powerful, time-effective procedures using NLP with compassion to help *RESOLVE* such interpersonal issues such as
as**

**anxiety, depression, trauma, inner conflicts, anger, phobias,
negative internal voices, jealousy, anxiety, addictions and
emotional enmeshments, and issues of self-esteem and self-
worth**

Adults, Children over the age of 7, young adults

*If suffering is determined to be unwanted and unnecessary, these
techniques in this unique setting can be alleviated.*

All that is necessary is the sincere desire to change. Techniques have been proven
over the last 25 years to be extremely effective in helping people make lasting
changes. Sessions are 1½ - 2 hours long

Susan Stageman, M.A.

Master NLP Practitioner and Certified Trainer

In practice for 19 years, specially trained in NLP as Brief Therapy.

214-351-5433 for appointment